

Cornwall & Isles of Scilly Health & Care System

Development of the Long Term Plan

Transformation Board 9th May 2019

NHS Long Term Plan

Published January 2019



- Sets the direction for the NHS over the next ten years;
- Implementation framework to be published in Spring 2019 for local plans to be developed by the Autumn covering the period 2019-20 to 2023-24;
- Builds on the development of system operating plans for 2019-20;
- Sets out key deliverables with deadlines that need to be included in our long term plan.

Intended to deliver a new service model for the 21st century to be achieved through **five major**, **practical**, **changes over the next five years**:

- ✓ Boosting 'out-of-hospital' care;
- ✓ Redesigning and reducing pressure on emergency hospital services;
- ✓ People getting more control over their own health, and more personalised care when they need it;
- ✓ Digitally-enabled primary and outpatient care;
- ✓ An increasing focus on population health and local partnerships with local authority-funded services, delivered through an Integrated Care System (ICS).



Statement in the NHS Long Term Plan

'To support local planning, local health systems will receive five-year indicative financial allocations for 2019/20 to 2023/24 and be asked to produce local plans for implementing the commitments set out in the Long Term Plan in 2019

- They will be expected to engage with their local communities and delivery partners in developing plans, which will be based on a comprehensive assessment of population need;
- We expect that they will build on their existing plans and set out proposals for how they will deliver the outcomes set out in the Long Term Plan;
- They will also take account of the different starting points and phasing of progress in different parts of the country;
- We will however require all NHS organisations delivering health services to adopt interventions proven to deliver benefits for
 patients and staff. This will particularly apply where we need to deliver improvements consistently and as one NHS to secure
 these benefits. We will set out a single list of essential interventions, including effective e-rostering and e-job planning and
 processes for standardising and aggregating procurement demand for products and services to make the most of the NHS
 pound;
- Local health systems will also have access to expert advice and support through the regions including clinically focused transformation programmes and access to technical expertise such as on rostering, mobile working, procurement, estates, and corporate services;
- Local implementation plans will then be brought together in a detailed national implementation programme in the autumn.'

NHS Long Term Plan, page 110 paragraph 7.3



Our approach to long term planning locally

- Welcoming the opportunity to refresh our local ambitions for improving health and wellbeing, and demonstrate how we plan to make the required shifts to more place-based care with a greater focus on prevention;
- Using 2019-20 as a platform from which to deliver transformation;
- Aligned plans between the NHS and councils;
- Shaped by a new Health and Wellbeing Strategy, which will identify local priorities for improving the health and wellbeing
 of our population, based on local health and care needs;
- A two-way relationship with the placed based (bottom up) local Integrated Care Area plans and local operating models;
- Working with HealthWatch on engagement;
- System transformation programmes for prevention and population health, integrated care in the community, planned care, urgent and emergency care, and care and support for children and young people will contribute to development of the plan;
- System enabling plans will develop the resources needed for the target operating model and ensure the workforce, IT, estates and finance are available as needed to underpin the transformation programmes;
- Operational plans will identify what each organisation will contribute.

What we need to do



- Make a positive difference for our local populations:
 - Expand our evidence base used for the 2019-20 Operating Plan to cover five to ten years and to have a good understanding of trends in population health – this will be informed by the Joint Strategic Needs Assessment;
 - Increase our understanding of how different groups of people use our health and care services as needs change and society and technology develops and our capacity to respond over the next five to ten years, which will require expanding our modelling work;
- Describe how our system will be operating in five years time, what will be different to what we have now and what improvements in outcomes for people, the quality of care and in system performance the changes will deliver – this will include delivery of the commitments in the NHS Long Term Plan;
- Describe how delivery of new ways of working will be shaped in integrated care areas and by primary care networks
 and have a strategy within the plan for how integrated care areas, out of hospital care and primary care networks will
 develop over the five years;
- Have an implementation timescale, plan and resources identified for delivery of the changes;
- Build on our engagement and co-production to date.

Cornwall & Isles of Scilly Health & Wellbeing Strategy (2020-2030)







H&WB Strategy

...is an approach aimed at **improving the health of our entire population**

It is about improving the physical and mental health outcomes and wellbeing of people, whilst reducing health inequalities within and across a defined population.

Different lenses to identify needs:



Physical and Mental Health Conditions



Prevention and Self Care









Cornwall & Isles of Scilly Health and Wellbeing Strategy (2020-2030)



Key components of the strategy development:

- Prioritisation matrix: need, inequalities, strategic fit, evidence base, benefits realisation, prevention, etc
- Stakeholder Engagement (system collaboration)
- Wellbeing and Health + Reducing Health Inequalities
- Identification of strategic (population) outcomes and strategic commissioning priorities
- Form front end of shared health and care long term plan shaping our local needs and priorities
- Place-based (bottom up) operationalisation
- Health and Wellbeing Board (public facing assurance role)